Add to the last paragraph of section 13.4 the text in blue

The only difference between a generic (dynamic) mailbox and a parameterized mailbox is that for a parameterized mailbox, the compiler ensures that the `put`, `try_put,` `peek`, `try_peek,` `get,` and `try_get` methods are compatible with the mailbox type, so that all type mismatches are caught by the compiler and not at runtime.